Six Myths About Coaching That Leaders Must Confront in 2024

Moderator: Zakary Payne, Matrix Design Group Speakers:

- Jennifer Campbell, CEO of worldAWAKE
- Carrie Ann Williams, CEO of Andana Consulting

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MODERATOR



Zakary Payne, PE Matrix Design Group Vice President

Fun Facts

- Sports Team: The United States AIR **FORCE** Academy
- Vacation Spots: I love going home to the great PNW
- Did you Know I am expanding my family by 2 later this month through foster-to-adoption
- Hobbies: Golf, CrossFit, and chasing children



SPEAKER



Jennifer Campbell worldAWAKE

Fun Facts

- Live on the largest island in Washington state
- Love to mountain bike and hike
- Flew EA-6Bs in the U.S. Navy
- Enjoy being creative in the kitchen and craft studio



SPEAKER



Carrie Ann Williams

Andana Consulting CEO

Fun Facts

- Live in a log cabin built before the civil war
- Own a Bed & Breakfast
- Love to photograph wild turkeys and other wildlife

Live Content Slide

Poll: When a team member asks a question, which of these leadership approaches do you find yourself using most often?

What we'll address today...

- 1. What coaching is, what it isn't, and why it works
- 2. How to distinguish coaching from other leadership approaches and understand when to use it
- 3. Understand the role of "agenda" in coaching conversations
- 4. Identify the skills involved in coaching and how they differ from conventional leadership practices



Why "Myths?"

- Coaching is new to the list of leadership skills
- Current expectations differ from the previous definition of "coaching"
- Leaders are often confused about how to implement it and how coaching complements other leadership styles





Myth #1:

"I haven't attended any coach-specific training, but I (should) already know how to do it."



What is coaching?

"Coaching is not telling people what to do; it's giving them a chance to examine what they are doing in the light of their intentions." James Flaherty

"Coaching is unlocking people's potential to maximize their own performance. It is helping them to learn rather than teaching them." John Whitmore

Coaching is a purposeful conversation

Focused on goals to change behaviors that change results

- It is an **interactive** process in which the
- Coach asks thought provoking questions
- To help the Coachee discover a new perspective
- Broadening their lens and expanding possibilities

This leads individuals to reflect and talk about options

- To create their own solutions and make a commitment
- To practice, change, or execute
- While the Coach listens carefully and

Challenges, supports, and helps you reach your full potential



Myth #2:

"Coaching is best done by a third party."



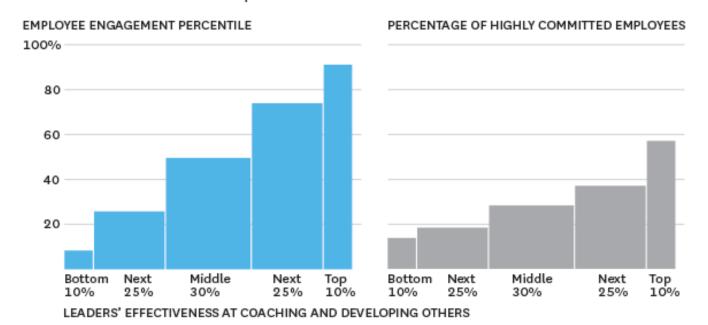


Why coach?

Coaching directly impacts employee engagement and commitment

THE VALUE OF COACHING

The more effective a leader is at coaching and developing others, the more engaged and committed his or her direct reports will be.



SOURCE ZENGER FOLKMAN HBR.ORG











Myth #3:

"You're either born to coach or you're not."





Coaching skills to develop

- Listening...beyond "active listening"
- Asking powerful questions to inquire, rewire, and inspire
- Using a conversation framework
- Managing your own thinking





Myth #4:

"Coaching is the new counseling."





Counseling vs Coaching

Counseling	Coaching
Leader as Expert Problem Identifier/Solver	Problem identification and solving is a shared process
Directive	Facilitative
Airtime dominated by leader	Cooperative dialogue between partners
Power resides in the leader, recipient feels powerless	Recipient's power and contribution are valued by leader
Both parties position themselves for conflict	Both parties demonstrate openness to other's perspective
Mood is tense and guarded	Mood is calm and optimistic



Myth #5:

"Coaching is only ever about the coachee's agenda."



Three types of coaching

Coaching for development

- Clarifying Coachee's goals
- Exploring options to reach goals
- Committing to seek development opportunities

Coaching on a performance issue

- Clarifying your goals for the Coachee
- Understanding the reality yours and theirs
- Agreeing on a path forward

Coaching in the moment

- Understanding the issue
- Determining the response needed
- Maximizing coachable moments to develop Coachee



Myth #6:

"Leaders should use coaching more than any other leadership approach."





Leadership approaches

- Tell
- Teach
- Mentor
- Coach





Let's give it a try!

In breakout groups:

- Storyteller Storyteller shares an example of a management challenge Describe the situation and the challenge be brief! USA Today, not NYT
- Ask questions quickly around the circle Others -
- Storyteller Write down the questions...do not answer them!



What is the #1 obstacle to coaching your team?

What is the #1 obstacle to coaching your team?

Your commitment to being the Expert Problem Solver





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Sign up here and you'll receive

- A one-page reference guide to the 6 myths discussed today
- A personal invitation to attend our free monthly workshops
- A link to schedule a complimentary strategy session, where we'll help you figure out your plan to go from "How will I ever get out of the weeds?" to "My team is ON it!"



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